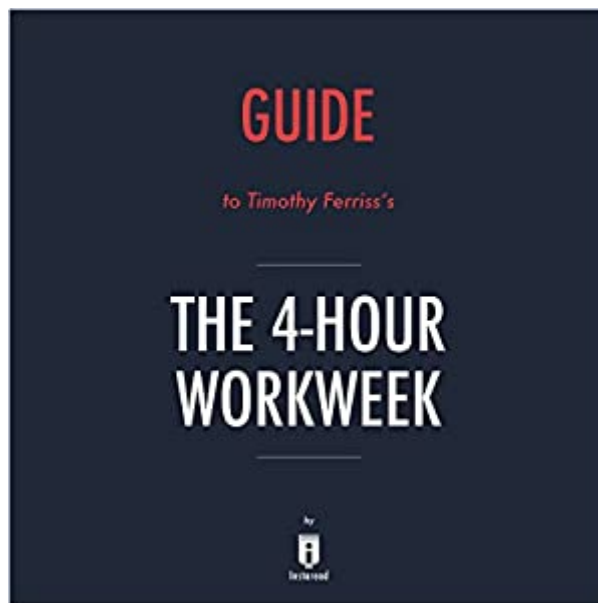




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Summary Of The 4-Hour Workweek By Timothy Ferriss - Includes Analysis



Synopsis

Please note: This is key takeaways and analysis of the book and not the original book. The 4-Hour Workweek: Escape 9-5, Live Anywhere, and Join the New Rich is a manifesto calling for workers everywhere to rise up and flee their cubicles in pursuit of a life guided by their passions and not their paychecks. It offers a practical, step-by-step guide that can be followed by people who are not independently wealthy but who don't want to be slaves to their jobs until retirement. Whether a person is an entrepreneur or an employee, he or she can follow this path. However, the steps to doing so will vary slightly. The American work culture is inherently flawed. Every day, millions of people willingly sacrifice the best years of their lives in service of a retirement that is decades away. Instead of embracing a desire to learn and grow throughout their lives, they work jobs they hate so that they might one day be able to relax in old age.... Inside this Instaread summary of The 4-Hour Workweek by Timothy Ferriss: Overview of the book Important people Key takeaways Analysis of key takeaways

Book Information

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Customer Reviews

Timothy Ferriss wants us to stop working the usual 9 to 5, 40 hour week. He had me at the title. Work 4 hours a week? Ferriss claims this can be done if we increase our efficiency and throw out the rule book on what defines work. Ferriss believes anybody can do this in any endeavor and that the benefits are an increase in free time. This in turn makes us all better people. Ferriss also believes that all our retirement goals are all wrong. We should be thinking in terms of working efficiently to gain more free time. He says anybody can do it and he provides one of those easy to

remember acronyms for use as a daily reminder/reinforcer: DEAL, which stands for Define mistakes, Eliminate time wasters, Automate your daily life, Liberate yourself from any one place. The only problem I see with this is, unless you are running your own business, I don't see how this can be accomplished. Overall, I think it has a lot of good advice on time management and how not to waste time. Plus, I do believe we can all do things more efficiently, we just have to think about our tasks and how they could be streamlined. This Instaread summary did a good job of explaining Ferriss' premise and I enjoyed reading it. I was given this summary for review. If you are curious about this title but don't want to buy it, then get this Instaread. It is well-written and really does only take about 15 minutes to read. I highly recommend it.

Summary of The 4-hour Workweek by Timothy Ferris by Instaread is an analysis of the manifesto calling for workers to dump 9 to 5 jobs and focus on building net worth, not in terms of money, but on time and freedom. The authors maintain that the 8-hour workday, and careers where workers put off the good things in life for decades while they work at jobs they hate, is no longer necessary. Instead, they should pursue a life guided by their passions. The book offers a step-by-step guide for people who are not independently wealthy, but who don't want to be tied to a hated job until retirement, with the caution that steps will vary depending upon the individual. This is an in depth summary that can be read in less than 15 minutes, but it gives sufficient detail to enable you to determine if this is a book you want to read more fully. I received a complimentary copy of this book in exchange for my unbiased review.

This is an overview of the actual book "The 4-Hour Work-week." Kind of like an abbreviated "Cliff's Notes" for the FULL book. It provides a potential reader enough information regarding the book's content to determine if we want to invest the extra money and time to actually buy and read the entire book. This is the author's personal rant about the misfortunes and hardships of 'needing to work' and support yourself as an average American in the 21st Century. At .99 cents, this summary is a good value, which is one of the reasons I have personally found Instaread to be a useful service.

My husband talks about escaping the 9-5 work week all of the time, and he has read the original, so I was excited to see what this book was about. The book discusses how workers can stop trading time for money by following four steps: "define, eliminate, automate, liberate." The summary gives a quick overview of the book as well as a list and analysis of eight key takeaways that highlight the

main points of the original book. If you have dreams of being an entrepreneur, I would especially recommend you read this summary to see if you would be interested in the original. I received a copy of this book in exchange for a review.

This book had some merit and I feel it's an approach to life that I don't see as ultimately fulfilling. There is something to be said for the sense of satisfaction in achievements in the 9-5 workplace. I get the fact that millennials see life from a different viewpoint and it was a thought provoking instaread. I was given this instaread and it's worth reading if only to see what a millennial thinks like!

The goal in this book seems to be reducing work through increasing efficiency, especially through automation. So a person could bring home the same salary while working fewer hours, leaving the rest of the task to virtual assistants. This is likely where the world is going overall. They call the people who gain so much more leisure time, New Rich. The key points presented are: 1- Anyone can do this. 2- The New Rich measure wealth in terms of time and money. 3- Working for retirement is a flawed system. 4- The steps involved (easily remembered through the acronym DEAL) are: Define the mistakes that arise from following the rules of society, Eliminate time management errors, Automate one's daily life, Liberate oneself from any single location. For some people the last two steps will be reversed. 5- There will be challenges to stepping away from the traditional path. This book is interesting. I don't see how I could put it into practice myself, and I can see how many readers would find it daunting, but for the brave, it is compelling. I received a copy in exchange for an honest review.

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